

AMS POLYMERS LIMITED

Details of Familiarisation Programmes imparted during the Financial Year 2018-19

Sl. No.	Date of the Familiarisation Programme imparted	Coverage	Duration of the Programme (in Hours)
1	14-05-2018	Programme on Code of Conduct for Fair Disclosure of Unpublished Price Sensitive Information	01:00
2	17-11-2018	Programme on SEBI (LODR) Regulations, 2015 & Rights and Responsibilities of Independent Directors	02:00

Details of Attendance & Time Spent by Independent Directors in such Programmes

Sl. No.	Name of the Independent Director	No. of Programmes attended		No. of Hours Spent	
		Programmes for F.Y. 2018-19	Cumulative till date	For F.Y. 2018-19	Cumulative till date
1	Ms. Shashi Yadav	2	4	03:00	06:00